

HISTORY FORM

Please complete thoughtfully each item of the following **MEDICAL HISTORY** and have it available to the physician when you are seen.

Patient Name: _____ Date of Evaluation: _____

Symptomatic Joint: Right () Left () Both ()

I. **PRESENT ILLNESS**

| | Please print answer | Physician's Comments |
|--|---------------------|----------------------|
|--|---------------------|----------------------|

1. For what condition or symptoms are you being seen at this time?

2. When did the accident occur, or symptoms/condition first come upon you?

3. History of Illness:
In outline form:

A) Give a list or step by step history of symptoms from onset to present. When possible, record the approximate date of important changes or developments.

B) List other doctors seen for this condition and the approximate dates of their evaluation & treatment.

II. PRESENT STATUS

Instructions: (Circle one which best describes your condition)

1. PAIN

- A. None/Ignore
- B. Slight, occasional, no compromise in activity
- C. Mild, no effect on ordinary activity, pain after unusual activity, or use of aspirin or similar medication.
- D. Moderate, tolerable, requires concessions in activity or occasional codeine or similar medication.
- E. Severe, requiring limitation of activity.
- F. Totally disabling.

2. FUNCTION

A. GAIT (walking maximum distance)

- 1) Limp: None
 Slight
 Moderate
 Severe
 Unable to walk
- 2) Support: None
 Cane, long walks only
 Cane, full time
 One crutch
 2 Canes
 2 Crutches or walker
 Unable to walk
- 3) Distance walked: Unlimited
 6 blocks
 2-3 blocks
 Indoor only
 Bed & Chair

B. FUNCTIONAL ACTIVITIES

- 1) Stairs: Normally (one step with one leg, next step with other leg)
 Normally but with banister assistance
 One step at a time
 Not able

| | | |
|---------------------|-----------------|-----------------|
| 2) Socks/Tie shoes: | <u>Right</u> | <u>Left</u> |
| | With ease | With ease |
| | With difficulty | With difficulty |
| | Unable | Unable |

| | | |
|------------------|-----------------|-----------------|
| 3) Cut toenails: | <u>Right</u> | <u>Left</u> |
| | With ease | With ease |
| | With difficulty | With difficulty |
| | Unable | Unable |

4) Sitting: Any chair for as long as needed
 A high chair for only a limited amount of time
 Unable to sit in any chair comfortably

| | | |
|---|---------|--------|
| 5) Do you have night pain? | Yes () | No () |
| Do you have pain while resting? | Yes () | No () |
| Do you have pain on arising from sitting? | Yes () | No () |

III. PAST HISTORY

| 1. List all operations you have had | Date (approx) | Complications? |
|-------------------------------------|---------------|----------------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

2. Please list the date of other hospitalizations and reason for admission

| DATE | REASON |
|-------|--------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

3. Do you have or have you ever had...?

| | YES | NO | WHEN/ONSET? |
|---|-----|-----|-------------|
| Heart Disease? | () | () | _____ |
| Heart "Attack"? | () | () | _____ |
| High Blood Pressure? | () | () | _____ |
| Stroke? | () | () | _____ |
| Irregular Heartbeats? | () | () | _____ |
| Easy Bruising? | () | () | _____ |
| | | | |
| Anemia (Low blood count)? | () | () | _____ |
| Phlebitis (Clots in leg veins)? | () | () | _____ |
| Blood Disorders? | () | () | _____ |
| Pulmonary Embolus (Blood clot to lungs)? | () | () | _____ |
| | | | |
| Nerve Paralysis? | () | () | _____ |
| Fainting Spells? | () | () | _____ |
| Epilepsy (Seizures)? | () | () | _____ |
| Other Nervous System Disease? | () | () | _____ |
| | | | |
| Skin Disorders? | () | () | _____ |
| Thyroid Disease? | () | () | _____ |
| Diabetes? | () | () | _____ |
| Glaucoma? | () | () | _____ |
| | | | |
| Emphysema? | () | () | _____ |
| Tuberculosis? | () | () | _____ |
| | | | |
| Drug Addiction? | () | () | _____ |
| Sinus Disease? | () | () | _____ |
| | | | |
| Stomach Ulcers? | () | () | _____ |
| Cirrhosis? | () | () | _____ |
| Hepatitis? | () | () | _____ |
| Gallstones? | () | () | _____ |
| | | | |
| Kidney Disease (Chronic Urine Infections, Prostatitis)? | () | () | _____ |
| | | | |
| Cancer? | () | () | _____ |

4. What is the condition of your teeth? Good () Need repair/extraction ()

5. Medications: Please list the names & doses of any medicines you now take or have taken within the last six months.

| NAME | DOSE | NAME | DOSE |
|-------|-------|-------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

- | YES | NO | |
|-----|---------|---|
| 6. | () () | Have you ever taken Cortisone or Prednisone by mouth or by injection? |
| 7. | () () | Are you allergic to any medicine, metals, tape, Iodine? Please list: _____ _____ |
| 8. | () () | Do you drink alcohol? If yes, How many days a week? _____ How many drinks per day? _____ |
| 9. | () () | Do you smoke? If yes, How many cigarettes a day? _____ If you used to smoke, how many years did you smoke? _____ How many packs a day? _____ |
| 10. | () () | Do you drink coffee? How much per day? _____ |
| 11. | | Approximate date of last physical examination? _____ |

IV. REVIEW OF SYSTEMS

Place a check mark next to the appropriate items in the following list if you are presently experiencing that symptom.

- | | | | | | | |
|----|------------------------|-----|-----|-----------------------------|-----|-----|
| 1. | <u>HEAD & NECK</u> | YES | NO | | YES | NO |
| | Severe headache? | () | () | Toothache? | () | () |
| | Dizzy spells? | () | () | Sinus infection/obstruction | () | () |
| | Failing vision? | () | () | Persistent sore gums? | () | () |
| | Severe hearing loss? | () | () | Prolonged hoarseness? | () | () |
| | Ringing in ears? | () | () | Persistent neck stiffness? | () | () |
| | Discharge from ears? | () | () | Swelling in neck? | () | () |

2. HEART, LUNGS, & CIRCULATION

| | YES | NO | | YES | NO |
|-------------------------|------------|-----------|-----------------------|------------|-----------|
| Chest pain on effort? | () | () | Varicose veins? | () | () |
| Skipping heartbeats? | () | () | Poor leg circulation? | () | () |
| Difficult breathing? | () | () | Cramps with walking? | () | () |
| Sit up to breathe easy? | () | () | Night sweats? | () | () |
| Chronic cough? | () | () | Ankle swelling? | () | () |
| Spit up blood? | () | () | | | |

3. STOMACH & INTESTINES

| | | | | | |
|-----------------------|-----|-----|-------------------------|-----|-----|
| Chronic stomach pain? | () | () | Skin turn yellow? | () | () |
| Persistent nausea? | () | () | Any black tarry stool? | () | () |
| Heart burn? | () | () | Change in bowel habits? | () | () |
| Appetite loss? | () | () | Hernia? | () | () |
| Increased thirst? | () | () | Any blood from rectum? | () | () |
| Weight gain? | () | () | Clay colored stools? | () | () |
| Weight loss? | () | () | Habitual constipation? | () | () |
| Vomit blood? | () | () | | | |

4. URINARY TRACT

| | | | | | |
|-----------------------|-----|-----|----------------------------|-----|-----|
| Scanty urination | () | () | Passed stones? | () | () |
| Blood in urine? | () | () | Retention of urine? | () | () |
| Urinate at night? | () | () | Men only-Scrotal swelling? | () | () |
| Pain with urination? | () | () | Women-Breast pain/lumps? | () | () |
| Any leakage of urine? | () | () | Women-Abnormal menses? | () | () |

5. MUSCLE-JOINTS-NERVES

| | | | | | |
|-----------------------------|-----|-----|-----------------------------|-----|-----|
| Tingling sensation? | () | () | Alcohol problem? | () | () |
| Numbness? | () | () | Drug problem? | () | () |
| Disturbance in walking? | () | () | Mental problem? | () | () |
| Muscle jerking? | () | () | Ruptured disc or sciatica? | () | () |
| Paralysis? | () | () | Spinal curvature? | () | () |
| Shaking? | () | () | Brittle or soft bones? | () | () |
| Depression, severe tension? | () | () | Speech disturbance? | () | () |
| Nervous breakdown? | () | () | Inherited or congenital | | |
| Personality changes? | () | () | abnormality of extremities? | () | () |

V. FAMILY HISTORY

| | Age now or at time Of Death (Indicate D) | Medical Conditions including Cause of death, if deceased |
|----------|---|---|
| Father | _____ | _____ |
| Mother | _____ | _____ |
| Brothers | _____ | _____ |
| Sisters | _____ | _____ |

| YES | NO | Has anyone in your family: | Who? |
|------------|-----------|---|-------------|
| () | () | Had a tendency to bleed excessively? | _____ |
| () | () | Had unusual reactions to anesthesia? | _____ |
| () | () | Had unexplained fevers during or following a surgery? | _____ |
| () | () | Had tuberculosis? | _____ |
| () | () | Had arthritis? | _____ |
| () | () | Had hypertension? | _____ |
| () | () | Had cancer? | _____ |
| () | () | Had diabetes mellitus? | _____ |
| () | () | Had hip dislocations? | _____ |

VI. PERSONAL HISTORY

Place of birth: _____

What is the highest level of education you have obtained? _____

Marital Status: Single () Married () Separated () Divorced () Widowed ()

What is your current occupation? _____

Do you live in a () Private home () Apartment () Other _____

Is your home () Single level () Multi level

With whom do you live? _____

Do you require attendant help? _____

Do you have any children? () Yes () No How many? _____

HIP PATIENT SUPPLEMENT

| | <u>YES</u> | <u>NO</u> |
|---|-------------------|------------------|
| If present, where is your pain located? | | |
| Front of hip or groin? | () | () |
| On the side of hip? | () | () |
| Buttock or back of hip? | () | () |
| Does the pain go down the leg? | () | () |
| If yes, how far? _____ | | |
| Front or back of leg? _____ | | |
| Do you have or have you had a problem with low back pain? | () | () |
| Have you had back surgery? | () | () |
| Do you use a lift on your shoe? | () | () |
| Does your hip feel worse after a little walking? | () | () |
| Did you have a problem with your hip in childhood? | () | () |
| Do you require the assistance of your arms or somebody? Helping you get out of a chair? | () | () |
| Are you unable to work because of your hip problem? | () | () |
| If yes, will you return to work if the hip problem is corrected? | () | () |
| Do you require medication to relieve the pain? If yes, please list: _____ | () | () |
| Does your hip condition prevent exercise or sport activities? If yes, list exercise or sport unable to perform _____ | () | () |
| Have you given up any of the following activities because of your Hip problem? | | |
| Gardening? | () | () |
| Travel? | () | () |
| Home maintenance or cleaning? | () | () |
| Sports Activity? | () | () |
| Other, please list _____ | | |